

In the name of God

Curriculum vitae

Name: Elnaz Rastkar

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Phone number: +989144050664

Date of birth: 14/9/1994

Nationality: Iranian

Marital status: married

Specialty: Obstetrics & Gynecology

Academic rank: assistant professor

Educational background:

- Obstetrics& Gynecology Specialty, Tabriz University of Medical Science, Tabriz, Iran, Oct 2020- Oct 2024
- M.D., Tehran University of Medical Science, Tehran, Iran, Sep 2012-May 2020
- Master of Public Health (MPH), Tehran University of Medical Science, Tehran, Iran, May 2020
- Diploma, Farzanegan High School, National Organization for Development of Exceptional Talents (NODET), Khorramabad, Lorestan, Iran, May 2011

Honors and Awards

- Top 5% (4th) of National Board Exam of Obstetrics& Gynecology Specialty, Sep 2024

- 45th rank in the national university entrance exam (konkur) of experimental science, July 2012
- Member of Iranian National Elite Foundation, 2012-present

Publications

- Shahraki Z, Rastkar M, Rastkar E, Ghajarzadeh M, Mohammadifar M. Does age at menarche differ between patients with multiple sclerosis and healthy controls? : An updated systematic review and meta-analysis. *Journal of Family & Reproductive Health* 19 (1), 1, 2025.
- Rastkar E, Kari A, Hatami S, Bastani P. Paraurethral Leiomyoma: A case report and literature review. *Case reports in clinical practice*, vol 8 No5 (2023)
- Shahraki Z, Rastkar M, Rastkar E, Mohammadifar M, Mohamadi A, Ghajarzadeh M. Impact of menopause on relapse rate and disability level in patients with multiple sclerosis (MS): a systematic review and meta-analysis. *BMC Neurology* (2023) 23:316
- Allanore Y, Gharibdoost F, Jamshidi AR, Javinani A, Avouac J, Rastkar E, Hooshmandi S, Kavosi H. Comparison of the clinical phenotype of systemic sclerosis patients in Iran and France in two university centers. *J Scleroderma Relat Disord*. 2019 Jun;4(2):149-159.
- Javinani A, Gharibdoost F, Mostafaei S, Jamshidi AR, Atef Yekta R, Hooshmandi S, Rastkar E, Kavosi H. The Association of the Delta Finger to Palm Distance and Modified Rodnan Skin Score in Systemic Sclerosis: a Longitudinal study in Iran. 12th Annual Congress of Iranian Rheumatology Association. Nov 2018. Oral presentation.
- Bastani P, Amiri E, Rastkar E, Rastkar M. The impact of pelvic floor reconstructive surgery on pelvic function in patients with pelvic organ prolapse: a multicenter prospective study. *International Continence Society (ICS)*. Oct 2024. E-poster presentation
- Mallah F, Amiri E, Bastani P, Salehi-Pourmehr H, Rastkar E. Long-term Outcome of Early Reconstruction of the Anal Sphincter after Obstetrical Injury. *International Continence Society (ICS)*. Oct 2024. E-poster presentation.

Thesis

- A study on the influence of mental health and disease clinical features on quality of life in Scleroderma at Shariati Hospital in 1396-97. MD-MPH
- The impact of pelvic floor reconstructive surgery on voiding function in patients with pelvic organ prolapse: a multicenter prospective study. Obstetrics & Gynecology surgery.

Workshops

- “Microsoft Office” workshop, Tabriz University of Medical Science, Tabriz, Iran, 2025
- “Laparoscopy” workshop by the Iranian Society of Minimally Invasive Gynecology (ISMIG), Tabriz, Iran, Feb 2023
- “Hysteroscopy” Workshop by the Iranian Society of Minimally Invasive Gynecology (ISMIG), Tabriz, Iran, Aug 2023
- “Systematic Review” workshop. The 3rd USERN Research Week Virtual Workshop. Sep 2020.
- “Meta-Analysis” workshop. The 3rd USERN Research Week Virtual Workshop. Sep 2020.
- “Searching PubMed” workshop, Student’s Scientific Research Center (SSRC), Tehran, Iran, 2014
- “Statistics and SPSS” workshop, Student’s Scientific Research Center (SSRC), Tehran, Iran, 2014

Skills

- Language: Azari native, Persian native, English good
- Software: Microsoft Office, SPSS, EndNote

